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South East Asia Public Health Education Institutions Network (SEAPHEIN)

SEAPHEIN

13-15 November, 2019

Venue: IIHMR University, Jaipur, India

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POST

9th Biennial Seaphein Meeting Special

DAY
1



50
Delegates
8
countries



Lighting of the lamp by (L to R): Dr. P.R. Sodani-Secretary, SEAPHEIN, Dr. S.D. Gupta-President, SEAPHEIN, Dr. Rakesh Kumar- Addl. Country Director (UNDP), Dr. Neena Raina, Director, a.i., Deptt. of Family Health, WHO, SEARO, Dr. Pankaj Gupta- President IIHMR University, Dr. D.K. Mangal- Dean, Corporate Research , IIHMR Jaipur

Changing the health dynamics in South East Asian Region

Focussing on Integrated Universal Health Care

Covering- 11 Countries 1.92 Billion People, GDP of USD 4032 Billions & Health Expenditure of USD 142 Billions approx



The need is active participation of SEAPHEIN member institutions in WHO- SEARO region and building competencies in public health management and research.

Dr. S. D. Gupta
President, SEAPHEIN



Only 80% health coverage has been achieved while 800 million people still lack health access, mostly because medicines make the most of out of pocket expenditure... SEAPHEIN has a potential of covering this service gap.

Dr. Poonam Khetrpal Singh
Regional Director, World Health Organization, South-East Asia Region



Since its inception, IIHMR University has been engaged in important research work globally in health care. It has pioneered to create the ideal environment for cooperation and collaboration in SEAPHEIN.

Dr. Pankaj Gupta
President, IIHMR University, Jaipur, India

Indian Institute of Health Management Research, Jaipur organized the 9th Biennial SEAPHEIN Meeting between 13 to 15 November 2019 in Jaipur, India. Dr Neena Raina, Director, a.i. Department of Family Health, Gender and Life Course, World Health Organization, Regional Office for South East Asia, New Delhi, India was the Chief Guest and Dr Rakesh Kumar, IAS, Additional Country Director, United Nations Development Program (UNDP), India was the Guest of Honour. Dr S D Gupta, President, SEAPHEIN and Chairperson, IIHMR University; Dr P R Sodani, SEAPHEIN Secretary and Pro-President, IIHMR University; Dr Pankaj Gupta, President, IIHMR University; Dr D K Mangal, Dean Corporate Research, IIHMR, Jaipur were among the prominent dignitaries in the inaugural session.

The 9th Biennial SEAPHEIN Meeting is being represented by eight countries namely - Bangladesh, Bhutan, India, Myanmar, Nepal, Sri Lanka, Thailand and USA. More than 50 delegates confirmed their participation for the 9th Biennial SEAPHEIN Meeting. The major theme of the 9th Biennial SEAPHEIN

Meet is “Leveraging SEAPHEIN to promote Universal Health Coverage and achieving Sustainable Development Goals by 2030”. It attracted prominent educationalist from public health institutions across the South East Asian countries. The conference is focused on the need for aligning public health education and training to build and develop public health competencies and skills for enhancing Universal Health Coverage (UHC) to reach Sustainable Development Goals (SDGs).

The inaugural session took off with lighting of lamp by the dignitaries present on the dais. Dr Pankaj Gupta shared his gratitude in the welcome address. Dr Neena Raina emphasised that SEAPHEIN has an important role in developing public health core competencies for Universal Health Coverage across the Region. Dr Rakesh Kumar said “SEAPHEIN is in its adolescent age and we should invest in it”. Whereas, Dr S D Gupta, who has been a part of the SEAPHEIN since its inception emphasised on 'Revisiting scope and role of SEAPHEIN in building public health competencies for achieving UHC and SDGs.'



Bangladesh

Bhutan

Democratic People's Republic of Korea,

Indonesia

Maldives

India

Myanmar

Nepal

Sri Lanka

Thailand

Timor-Leste

DAY 1 PLENARY SESSION | 1

Universal Health Coverage and Progress
towards Sustainable Development Goals in
South East Asia Region



Co-Chair- Prof. San San Htay
Professor and Head, Preventive and Social Medicine,
University of Medicine 2, Yangon, Myanmar



Speaker- Prof. Syed Masud Ahmed
Director, CoE for Health Systems and Universal
Health Coverage, BRAC University, Bangladesh



Speaker- Dr. Rakesh Kumar, IAS
Additional Country Director
United Nations Development Program
(UNDP), New Delhi, India



Chair- Dr. Neena Raina, Director, a.i.,
Department of Family Health, Gender and Life Course,
World Health Organization,
Regional Office for South East Asia, New Delhi, India

As a key speaker of the session, **Dr Rakesh Kumar** discussed about the investment in the public health systems for Immunization and Maternal and child health care. He discussed about the investments in the public health care system by SEARO countries and developed countries, and how this impact the health of community. He laid his emphasis on proper implementation of SDG-3 for Universal Health Coverage. The second key speaker of the session, **Prof. Syed Masud Ahmed** presented 'Overview of

universal health coverage and progressed towards SDGs'. He said, UHC is focused on poor and vulnerable population and reducing out of pocket expenses through cost sharing (Risk pooling and pre-payment). It reduces poverty, fuels economic growth, strengthens economy of the nation and catalyzes sustainable development and resilience. He focused on the AAA - Key (Align, Accelerate and Accountability) of global action plan to accelerate the UHC progress.

DAY 1 PLENARY SESSION | 2

Core Competencies in Public Health to
Address Challenges in SDGs

Dr Thomas Zapata spoke via a zoom-call on the topic - 'To set a limit of global statistics in competencies, global health force, public health workforce to address the challenges to achieve sustainable development goals and rapidly changing public health needs.' He shared WHO's framework draft of 24 competencies for all health workers in primary health care across 6 different domains namely: People, Decision Making, Communications, Collaborations, and Evaluations from practice and personal conduct.

Dr Sanjay Zodpey touched upon leveraging SEAPHEIN to promote Universal Health Coverage &



Speaker
Prof. Sanjay Zodpey
Vice President, Public Health
Foundation of India
Director, Indian Institute of Public
Health, Delhi, India



Speaker
Dr. Tomas Zapata
Regional Advisor, Human Resources for Health
Department of Health System Development
World Health Organization, Regional
Office for South East Asia,
New Delhi, India



Chair
Dr. Bharat K. Yadav
Vice-Chancellor, Patan Academy
of Health Sciences, Nepal



Co-Chair
Dr. Pankaj Gupta
President, IIHMR University,
Jaipur, India



Co-Chair
Dr. Sharneen Yasmeen
Bangladesh
Chairperson, Public Health
Foundation of Bangladesh

achieving sustainable development goals by 2030. He emphasized the role and development of core public health competencies in addressing challenges for achieving sustainable development goals (SDGs). He concluded the session by saying "We have to advance the agenda of Health Assurance, that is, a state where everyone receives quality health services without suffering financial hardship for moving toward Sustainable Development Goals."



Out of the 9 Meetings of SEAPHEIN, IIHMR Jaipur has organised 3 meetings. Now this is an active platform to come together and share wisdom and experience among partner institutions and member countries for including public health education and training in the region.

Dr. P. R. Sodani
Secretary, SEAPHEIN
Pro-President and Dean-Training
IIHMR University, Jaipur, India



Welcome Dinner at Pool side



INTERACTIVE SESSION | 1

Interaction Among Member Institutions for Exploring Partnerships to Strengthen Public Health Education in South-East Asia Region

All participants of the SEAR countries and the USA interacted with each other during the Interaction session. The objective behind this session was to facilitate institution representatives some time for exploring further opportunities to strengthen their network and explore more collaboration opportunities for research and teaching with other institutions.

GROUP WORK

Role of Public Health Education Institutions in Promoting Universal Health Coverage and Sustainable Development Goals

(Identify skill set for UHC and SDG3, identify gaps in current MPH curriculum, suggest steps to strengthen MPH curriculum to harmonize with required skill set for UHC and SDG)



A group work exercise was done on 'Role of Public Health Education Institutions in Promoting Universal Health Coverage and Sustainable Development Goals'. All participants were divided among four core groups along with one facilitator for each group. The objectives of the exercise were to identifying a required skill set to achieve Universal Health Coverage (UHC) and SDG-3 for MPH students, to identify gaps in current MPH curriculum of your respective institutions, and to suggest steps to strengthen the ongoing MPH curriculum to harmonize with required skillsets for UHC and SDG. All groups were suggested to present their findings in a PPT format on day 2.

Moderators : Dr. D.K. Mangal with Dr. Sanjay Gupta, Professor, National Institute of Health and Family Welfare, New Delhi



Delegates of 9th Biennial SEAPHEIN Meeting

DAY 2 PLENARY SESSION 3

Non-Communicable Diseases: Disease Burden, Risk Factors and Multi-Sectoral Policies

Dr J P Narain stated various facts and figures on this Unfinished agenda of Millennium Development Goals. He said, "It's no longer a disease of poor people or poor countries". He emphasized on the facts that globally due to NCDs 100 million and in India about 60 million people pushed close to or below the poverty line. Dr Anand Krishnan started that with the changing concept of 4 diseases and 4 risk factors to 5 diseases and 5 risk factors. Sharing the regional profile of SEAR countries on NCDs, he explained about the high-risk of Diabetes, Cancer, Chronic Respiratory Disease and Cardiovascular Diseases, and emerging issues of Mental health problems due to 5 specific risk factors namely tobacco, alcohol, diet, physical activity and new entered factor air pollution. He emphasized on the need of multisectoral action plan for NCD management and about use of policy instruments and multisectoral population-level interventions including fiscal, regulatory, information and communication, and structural measures.

14 November, 2019, Thursday

Kanchan Hall, Hotel Clarks Amer



Prof Hla Hla Win
Rector, University of Public Health, Myanmar



Dr. Rajesh Kumar
Former Dean Academics, PGI, Chandigarh, India



Dr. Jai Prakash Narain
Global Health International Advisers
Former Director, WHO- SEARO



Dr. Anand Krishnan
Professor
AIIMS, New Delhi, India

PLENARY SESSION 4

Implementation Science – Meeting Challenges of Universal Health Coverage for SDGs

Dr. Anna Kalbarczyk shared her reflection "Most of us are already making use of Implementation Science without sharing the clear language...". She explained basic concepts of the science using the 'Who', 'What' and 'How' of UHC are relatable with that of implementation sciences, and about the different dimensions of outcome measures. Dr Piyusha Majumdar shared her experiences of 'Synthesis and Translation of Research and Innovation in Polio Eradication (STRIPE)' an ongoing Implementation Science Project at IIMR, Jaipur. She explained the methodology and challenges faced during the project and set an example in front of the SEAPHEIN group members.



Dr. Chandrakant Lahariya, National Professional Officer WHO, India mentioned, Implementation Research is always given less weightage than other areas in public health research, also young



blood and energetic people are required to invest in it. On UHC, he said that it is still not a clear concept even for practitioners. He discussed about three dimensions of UHC and mentions that our focus should be on all the three dimensions: population coverage, service coverage and financial coverage. And ended his note by saying: "Unless we are not going to ask the most difficult question, it may not be going to work."



Dr. Neyzang Wangmo
Director, Research,
KG University of Medical Science,
Bhutan



Dr. Piyusha Majumdar
IIMR University



Dr. Anna Kalbarczyk
Assistant Director,
Johns Hopkins University, USA

GROUP WORK PRESENTATIONS & INTERACTIVE SESSION

Role of Public Health Education Institutions in promoting Universal Health Coverage and Sustainable Development Goals



All groups encompassing all participating member institutions of the SEAPHEIN countries presented their ideas on the role of public health education institutes in promoting UHC and achieving SDGs. They identified core skills and competencies i.e. effective communication, critical thinking, program management, leadership, scientific writing, financial management, monitoring and evolution of public health problems, community mobilization, planning and conflict resolution among others for MPH curriculums. More emphasis was laid on new learning methods of training, e-learning, case-based learning and hands on workshops.